Alternatively, the walk can start and end at the Milford Public Library and Wilcox Park where additional public parking is available. Wilcox Park is a small, forested bird sanctuary with walking trails. There is a viewing platform that overlooks Milford Harbor and the Town's Lisman Landing Marina. The site is adjacent to the Head of the site is adjacent to the Head of the Harbor and Fowler Field. The field has tennis courts, a pavilion, baseball fields, and play equipment for youngsters.

magnificent houses on the approach back to the beach.

Wilcox Park Viewing Deck, Photo by the CT DEP



Gulf Street also has views of several lovely historic homes and other

In late summer or early fall, look for Sandpipers and Egrets. During the winter, you may observe Red-breasted Mergansers, Goldeneye Ducks, Common and Red-throated Loons, Horned Grebes and ducks and geese. Old Squaw and even Scoters can be seen in a severe winter off Gulf Beach. Year round you will see Herring, Ring-billed, round Great Black Backed Seagulls.

Birding on this walk past Gulf Pond and its marshes is exciting year-round.

There are viewing platforms on both the spring and Buckingham Avenue. In Egrets, Snowy Egrets, Great Blue Herons, Black and Yellow Crowned Night Herons, Killdeers, Kingfishers, as well as the Osprey perch visible from Buckingham Avenue. You may also see Laughing Gulls with their black heads and darker mantle (back) and different varieties of Plovers and Shorebirds.

Beach, a public beach with a fishing pier, a refreshment stand, seasonal restrooms and a parking area. In 1931 the State of Connecticut made Wildlife Refuges of Milford Harbor, Wildlife Refuges of Milford Harbor, to the railroad bridge. Proceed with caution as the road curves and it becomes difficult to see oncoming becomes difficult to see oncoming A sidewalk is planned from Gulf Beach to Point Lookout.

Gulf Beach, Photograph by the CT DEP



The Gulf Beach and Gulf Pond Loop walk is a total 3+ miles in length. You will find sidewalks on Gulf Street, New Haven and Buckingham Avenues. This walk starts at Gulf

### **Directions and Parking:**

This area can be reached via Route 1 (Bridgeport Avenue/New Haven Avenue). Resident parking is at Gulf Beach with non-resident parking across the street. Parking is also available at Wilcox Park and the Public Library. Handicapped parking is available in Wilcox Park.

#### **Permitted Activities:**

Dogs are allowed on public streets and sidewalks on leash. Please bag and pick up any dog waste. Dogs are not permitted on the beach.

## For more information about this location, contact:

Environmental Concerns Coalition c/o Mayor's Office (203) 783-3201 www.milfordecc.com This project made possible through a grant from the National Recreational Trails Program, the Federal Highway Administration, and the Connecticut Department of Environmental Protection.





Information for this brochure is excerpted from the Milford Favorite Walks Book.

### South Central Regional Council of Governments

127 Washington Avenue, 4th Floor West North Haven, CT 06473

> Phone: (203) 234-7555 Fax: (203) 234-9850 E-mail: trails@scrcog.org

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# GULF BEACH & GULF POND

Milford, CT

